

DESERT CHRISTIAN GYMNASTICS CENTER (DCGC)

RULES AND POLICIES

Please read and understand these rules and policies. Make sure your child understands the safety and dress code sections and realizes the importance of following them. It is your responsibility to be aware of, understand, and follow all rules and policies herein.

CAUTION: ANY ACTIVITY INVOLVING MOTION, ROTATION, OR HEIGHT MAY CAUSE SERIOUS ACCIDENTAL INJURY OR DEATH.

I. SAFETY RULES: Gymnasts must follow all safety rules.

1. DO NOT use apparatus without qualified supervision.
2. Before mounting apparatus, make sure it is properly adjusted and secured, and that sufficient mats, appropriate to the exercise, are in position. If in doubt, consult your instructor.
3. Dismounts from apparatus require proper landing techniques. DO NOT land on head or neck as serious injury may result. Consult your instructor.
4. Use proper warm-up and conditioning exercises before attempting any skill or activity.
5. Attempt new skills in proper progression. Consult your instructor.
6. When attempting a new or difficult skill, a qualified spotter should be assisting. When in doubt, always use a spotter.
7. No horseplay at any time while on or around gymnastic equipment or on gym premises.
8. Any skill involving the inversion of the body could be dangerous and could cause serious head or neck injury or even death.
9. Be aware of others in the gym. Do not walk across tumbling paths, vaulting paths, or dismount areas without looking first.
10. Enter and leave gym area through the lobby area only; do not use side doors.

II. DRESS: Gymnasts must wear suitable clothing to class.

1. Dress for workout should consist of a leotard or tank suit for girls, shorts and a t-shirt for boys. Bare feet, gymnastic shoes, or terry cloth footies are the only acceptable footwear.
2. Warm-ups are acceptable in cold weather.
3. Hair should be arranged in such a manner that it will not be in the gymnast's eyes.
4. Leave jewelry at home. It cannot be worn during class, and DCGC is not responsible if lost/stolen.

III. TUITION: Fees and conditions may change without prior notice.

1. There will be no refunds for students who drop after the first class of the Term. **ONE CLASS CONSTITUTES A COMMITMENT TO THE REMAINDER OF THE TERM.**
2. Tuition is due before attending the first class of each Term. A place will be reserved in a class for your child **ONLY AFTER** he/she is properly registered **and** tuition is paid. Students from the preceding Term have first priority to reserve their current class by the next Term's "**EARLY BIRD DATE.**" **IMPORTANT:** You must pay tuition by the **EARLY BIRD DUE DATE** to guarantee your class spot. After the **EARLY BIRD DUE DATE**, your spot will be filled with a "waiting" student. **This procedure is necessary in order to control class size, which is for the benefit of the STUDENTS.**

3. Families with more than one class in the family, either because one child is taking more than one class, or because they have more than one child in our program, will receive a 25% discount on the tuition of all classes after the highest cost class.
4. Students starting after the first class of the term will be charged the lesser of the regular term rate or the daily rate. Tuition is paid from the date the student starts through the last day of the Term. No partial periods may be paid for. No exceptions.
5. There will be no classes on the following holidays: New Year's Day, Memorial Day, 4th of July, Labor Day, Thanksgiving weekend. At times during the year, DCGC will also close classes for special events such as our semi-annual programs for our recreational kids or to host a gymnastics competition; typically these events take place on Fridays and/or Saturdays. In all cases, DCGC will allow students to make up that lost day by attending another class. All make-ups must be made up during the term that the class was missed and cannot be used in another Term. Tuition remains the same.
6. There will be a \$25 charge for any returned checks.
7. **There will be no refunds, credits, or make-ups for absences.** Missed classes due to injury in gym, which was reported to the instructor at the time of injury, will be adjusted at a "Per Day Rate."
8. If paid in cash, the gym office personnel must receive it. No one else, including instructors, is authorized to receive cash and the gym will not guarantee its proper recording. If you do not receive a receipt for any cash payment, contact Mr. Glenn Gork immediately.

IV. OTHER FEES: Annual Fees

1. Each student will pay a \$30 annual administration fee. This fee is good for one year from the month registered. NON-REFUNDABLE.

V. ATTENDANCE

1. All students are expected to come to class regularly and on time unless ill. Parents are reminded that any absence from class hampers the progress of their child's development. NO MAKE-UPS ARE OFFERED FOR MISSED CLASSES.

VI. PLACEMENT AND ADVANCEMENT

1. Gymnasts are placed in classes according to skill level, age, and ability. Advancement is considered on a regular basis and is at the sole discretion of the head coach.

VII. FACILITY REGULATIONS

1. No gum, food or drinks are allowed in the gym.
2. Food and drinks are allowed on tiled area of lobby only.
3. No smoking, chewing tobacco, or alcoholic beverages in facility or on the DCGC property.
4. Parents, as well as non-participating siblings, are not allowed in gym area. Please watch from the waiting area. Non-participating children need to be sitting with parents or playing quietly in the "Waiting Area." Parents are responsible for any children making use of this room.

VIII. GENERAL

1. MISSION STATEMENT

The DCGC mission is to provide a safe, nurturing gymnastics experience in a Christian atmosphere where participants will be able to grow in Christian character traits as they develop their physical abilities.

2. NONDISCRIMINATORY STUDENT POLICY

DCGC admits students of any race, color, national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the center. It does not discriminate on the basis of race, color, or national or ethnic origin.

3. RIGHT TO TERMINATE AND REFUSE SERVICE

As DCGC has no obligation to provide service, it reserves the right to refuse service. DCGC also reserves the right to terminate service at any time.

4. INSURANCE RESPONSIBILITY

Should your child become injured at the gymnastics center or at a gymnastics function and require medical attention, the parents health insurance carrier is responsible as the primary insurer for the child.

5. CONCERN RESOLUTION PROCESS

In any large institution, even with the best of intentions and efforts, disagreements and misunderstandings may occur. The test of that institution is not that problems arise but how they are handled. As a Christian organization, it is important to resolve matters as outlined in the Bible. That is, to take the concern directly to the person involved.

It is therefore agreed that concerns will be resolved in the following manner. Any concern will be taken to Mr. Gork. If the matter is not resolved there, the parent may take the matter to the executive director. If the matter cannot be resolved there, the parent may take the matter to a committee of the Board of Directors of Desert Christian Ministries (DCM).

If the matter remains unresolved, and either party wishes to pursue it, the matter will be settled by biblically based mediation. If it still remains unresolved, the parties shall submit the matter to legally binding arbitration in accordance with the Rules of Procedure for Christian Conciliation of the Institute for Christian Conciliation. If arbitration is required, the arbitration will be administered by the Center for Conflict Resolution, Pasadena, California, whose guidelines and procedures will govern the proceeding. The parties agree that the methods outlined in this paragraph shall be the sole remedy for resolving any controversy or claim whatever, whether the claim or controversy is guardians, and students expressly waive their right to file a lawsuit against Desert Christian Ministries in any civil court for such disputes, except to enforce a legally binding arbitration decision.